

CYCLE WITH CHAMPIONS

Short route

Leave Sonoma Country Day School	0.0
R on Aviation Blvd.....	0.1
L on Brickway Blvd	0.4
R on Airport Blvd	0.8
L on N. Laughlin Road	1.2
R on W. Laughlin Road	1.8
R on Slusser Road	3.2
L on Mark West Station Road	4.0
R on Trenton-Healdsburg Road.....	6.2
L on Eastside Road	6.4
R on Wohler Road.....	7.5
R on Westside Road.....	8.6
Long route diverges at W. Dry Creek Road .	17.2
Becomes Mill Street in Healdsburg	18.0
L on Vine Street	18.0
Becomes Grove Street	18.3
Rest stop at Seghesio Family Vineyards	18.7
Retrace Grove Street to L on Grant Street.....	18.8
R on Fitch Street	19.3
Straight on Hudson Street.....	19.8
R on Front Street.....	20.2
L on Healdsburg Avenue over bridge	20.3
Straight on Old Redwood Hwy	21.2
R on Eastside Road	22.9
L on Windsor River Road.....	24.7
R on Starr Road	25.8
L on Reiman Lane	26.6
R on Windsor Road.....	27.1
L on Shiloh Road	27.9
R on Skylane Blvd	28.8
L on Airport Blvd.....	29.8
L on Brickway Blvd	30.2
R on Aviation Blvd.....	30.6
L into Sonoma Country Day School	30.8

Long route (or Medium route with shortcut)

Leave Sonoma Country Day School.....	0.0
R on Aviation Blvd.....	0.1
L on Brickway Blvd	0.4
R on Airport Blvd	0.8
L on N. Laughlin Road	1.2
R on W. Laughlin Road	1.8
R on Slusser Road	3.2
L on Mark West Station Road	4.0
R on Trenton-Healdsburg Road.....	6.2
L on Eastside Road	6.4
R on Wohler Road.....	7.5
R on Westside Road.....	8.6
L on West Dry Creek Road.....	17.2

Short route stays on Westside Road.

Medium route: R on Lambert Bridge Road ...	22.1
--	------

Long route stays on West Dry Creek Road.

R on Yoakim Bridge Road	26.0
R on Dry Creek Road	26.7

Medium route rejoins Long route at Dry Creek

Road-Lambert Bridge Road junction ... 30.6/22.8

R on Grove Street in Healdsburg.....	33.9
Rest stop at Seghesio Family Vineyards	34.5/26.7
L on Grant Street.....	34.6/26.8
R on Fitch Street	35.1/27.3
Straight on Hudson Street.....	35.6/27.8
R on Front Street.....	35.9/28.1
L on Healdsburg Avenue	36.1/28.3
Straight on Old Redwood Hwy	36.4/28.6
R on Eastside Road.....	38.6/30.6
L on Windsor River Road.....	40.5/32.9
R on Starr Road	41.6/33.8
L on Reiman Lane	42.4/34.6
R on Windsor Road.....	42.9/35.1
L on Shiloh Road	43.7/35.9
R on Skylane Blvd	44.6/36.8
L on Airport Blvd.....	45.6/37.8
L on Brickway Blvd	46.0/38.2
R on Aviation Blvd.....	46.2/38.4
L into Sonoma Country Day School	46.6/38.8