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Team Swift Race Report #19

USA Junior Track Championships

<http://usacycling.org/track/>

June 30 – July 2, 2004
Carson, CA

Team Swift Results

2 nd Overall	Track Omnium	Michelle LaFleur
3 rd Overall	Track Omnium	Kim LaFleur
4th Overall	Track Omnium	Kelly LaFleur

For full results, go to:

<http://www.usacycling.org/results/?permit=2004-266>

Kim LaFleur

Junior Track Nationals
ADT Event Center, LA, CA
3rd Overall Omnium

I was looking forward to the track nationals because I felt I could do really well. I started track in February of this year and immediately fell in love with it.

My first race of the omnium was the 5k scratch. in the warm up I was involved a crash that took out most of the national team and a few other riders. I ended up hurting my wrist and shoulder and was pretty shaken up. When the race started it went off slow. It stayed that way for a long time. Then at lap 11 I steadily took off and they didn't chase so I went and held it until the last lap where they ganged up on me and took me at the finish, I ended up in fifth.

My next race was the 500 TT I liked this one because I knew that I could do well. I went off hard and stood for as long as I could and pushed all the way through and came in second by milliseconds--and my time was faster than the junior women 17/18s!

The next race was the 2k scratch. My plan was just to see what happens. Which worked out well and I was in the running for a place then a crash happens that takes out almost the entire field except for three on the last lap. The head referee decides to stop the race just as we're coming to the finish line and I am going to win the race. I was so steamed that you could have probably seen it come off me. they restarted the race in its entirety and I was tired from the first one and the girls that were in the crash weren't as spent. So when it started I did the same thing but I got snubbed at the line and came in fifth for that race.

The points race was the last race and it was long. I was in the running for the 2nd place position and if I won this race I would have had it. The sprint came down to me and three other girls most of the time. I played it stupidly though I wasn't being smart about positioning and that's how I ended up with second in this race.

Jr. Track Nationals Thursday wrap-up

July 2, 2004

The 2004 USCF Junior National Track Championships continued on Thursday at the ADT Event Center in Southern Calif. where two national titles were on the line along with several qualification rounds and individual events for the younger categories that contributed towards overall omnium points.

The two national championships that were on the line on Thursday were the junior women's 17-18 2km individual pursuit and the junior men's 17-18 3km individual pursuit in which Kimberly Geist (East Coast Velo) and Elliot Gaunt (Main Line Cycling) captured the respective titles.

In the men's competition, Daniel Holloway (Lombardi Sports) posted the best qualifying time clocking a 3:42.248 ahead of Gaunt's 3:42.867. In the final, Gaunt managed to shave nearly a second off his qualifying time, riding a 3:41.496 while Holloway rode a slightly slower 3:42.971 on his way to the silver medal. In the consolation round, Michael Chauner (Rio Grande) bested teammate Chris Ruhl for the bronze medal.

In the women's competition, Geist captured her second national title of these championships. After winning Wednesday's scratch race, she clocked a 2:36.325 in Thursday's individual pursuit to win gold by a margin of over six seconds to runner-up, Natalie Klemko (ABD). In the 3/4 round, Mary Geier (Scarlet Fire) claimed third place ahead of Cassandra Osorio-McKenna (Hot Tubes).

Other winners on Thursday included Shane Kline (Salamander Racing) who won the junior men's 15-16 500m time trial to earn first place points towards the overall omnium total.

Also, Alex Coelho won the junior men's 13-14 10km points race, scoring 30 points to second place finisher, Alex Garcia.

In the junior women's 10km points race final, Colleen Hayduk took the win with 23 points from Shelby Reynolds and Mary Costelloe who scored 17 and 13 respectively.

In the remaining finals on Thursday, Benny Swedberg (Rad Racing) took the win in the junior men's 10-12 2km scratch race and Shelby Eck (Lehigh Valley Wheelmen) claimed the victory in the junior women's 10-12 2km scratch race.