



Duke Schimmer

McGuire Pro Cycling Team

Category 2

Alumni of Team Swift Elite Squad

Age 19

Member of Team Swift since 1999. Began racing at the age of 13. Born on November, 2 1985. Former national level swimmer. While continuing his development in competitive cycling, Duke is also attending Santa Rosa Junior College majoring in mechanical engineering.

2004 Results

Place	Name of Event	Category	Location
3 rd	Suisun Harbor, Pro 1/2	criterium	Santa Rosa
4 th	Wine Country, Category 2	criterium	Santa Rosa
4 th	Apple Pie, Criterium	criterium	Santa Rosa
5 th	Overall Santa Rosa Twilight Series, Pro/1/2/3	Road Race	Santa Rosa

2003 Results

1st	McLane Pacific	Criterium	Juniors 17-18
1st	Mathers Field	Criterium	Juniors 17-18
2nd	Cats Hill	Criterium	Juniors 17-18
3rd	Tour of Nevada City	Criterium	Juniors 17-18
2nd	Dinuba	Criterium	Juniors 17-18
5th	San Rafael Classic	Criterium	Senior Cat 2

What Three Races Would You Most Like to Win in the Next 5 Years?

- 1) Super Week Overall**
- 2) USpro National Crit Championships**
- 3) USPRO National Championships In Philly**

What Are Your Goals in Cycling?

My ultimate goal is to be one of the fastest sprinters in the world. I want to be the guy whos wheel people fight for in the last 1k, like Mario or Petachi, the best. In the near future I would like to get a pro contract so that I can do the whole US racing calender. I would then like to go on to race in europe, mainly Italy. My dream would be to win a stage of the Giro. I would want to race in Italy because the culture there seems awesome, and the people seem more relaxed than other euros. Also I don't think that I could live in the weather of northern Europe.

How Has Team Swift Helped You Accomplish Your Cycling Goals?

Team Swift has taught me what it is like to be a bike racer. They have provided me with the support that I needed as a launching pad into a carreer as a pro cyclist. Basically without the team I would be no where near what I am now. Laura taught me how to race, how to live as a cyclist, and many other life lessons. Even after graduating from the team, she still is the biggest help that I have in cycling.

What Racer Are You Most Like and Why?

Anybody who knows me knows the answer to this one. The Lion King, Mario Cipollini would be the rider that I am most like. We have a similar build and of coarse we both excell in winning bunch sprints. He is one of the classiest riders in that he can wear some crazy outfit one minute and then come through with the win in the next, all without messing up his hair. His ability to win races is the one that I look up to most because when he is on, he is unbeatable. Also we are both just so good looking.

What Advice Would You Give To Current Team Swift Juniors?

First of all, listen to everything that Laura says to you, as it is some of the best advice you as a racer can get. I learned everything I know about racing from her and trust me, she knows how to make you fast and how to win races. Second, race for one reason, because it is what you want to do. If you are racing for any other reason then it will be hard to be succesful. Only you can dedicate yourseslf enough to be great, not anyboy else. And if it is really what you want to do, give 100% and enjoy it.